

# Medical authorisation for travel

**THIS PERSON IS AT RISK OF A LIFE-THREATENING ALLERGIC REACTION (anaphylaxis)**

## Name

(as shown in passport):

This person's action plan and emergency medications should be easily accessible at all times while travelling. Emergency medications may include:

- > One or more Jext® adrenaline autoinjector devices
- > Antihistamines (as tablet or syrup)
- > Immunotherapy solutions
- > Asthma medications

## Date of Birth:

The family must be allowed to carry with them a safe supply of food and liquids appropriate for the travel period. For infants, this may include infant milk formula.

**Immediate administration of an adrenaline autoinjector is the first line treatment for anaphylaxis.**

This is a single, fixed dose of adrenaline which can be life-saving.

The luggage hold of an aircraft is NOT an appropriate place for the storage of emergency medications, as these:

- > Need to be readily available
- > Can be broken with rough handling
- > May be lost if luggage goes astray
- > Must not be subjected to temperature fluctuations.

**Jext® autoinjectors must therefore be carried in hand luggage or on the person.**

This medical authorisation has been prepared by:

Dr: \_\_\_\_\_ Signed: \_\_\_\_\_

Date: \_\_\_\_\_